## **MN Student Community Profiles:** Exploring Developmental Skills, Supports, & Challenges

A new look at what youth bring to families, schools, and communities

A Focus on Students in Central MN

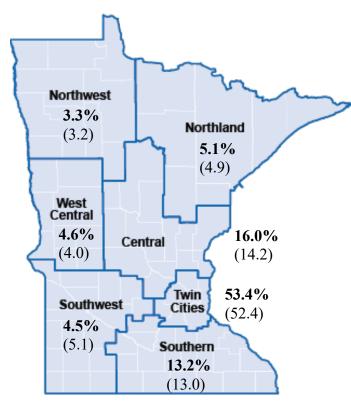
Analysis of the 2013, 2016 , & 2019 Minnesota Student Survey

MN Youth Development Research Group



www.mnydrg.com

Michael C. Rodriguez, PhD Educational Psychology University of Minnesota October 2020



Race/Ethnicity	2013	2016	2019
American Indian	1398	1574	1272
	5.6%	6.1%	4.8%
Asian PI	317	320	442
	1.3%	1.2%	1.7%
Black	420	483	746
	1.7%	1.9%	2.8%
White	21025	20739	21920
	84.2%	80.7%	82.3%
Multiple-race	472	546	509
	1.9%	2.1%	1.9%
Latino	1027	1404	1160
	4.1%	5.5%	4.4%
Somali	209	520	473
	0.8%	2.0%	1.8%
Hmong	92	114	104
	0.4%	0.4%	0.4%

#### *The MSS provides us with an opportunity to* <u>listen</u> *and* <u>hear</u> *our students.*

In total across the three administrations of the MSS, 500,895 students in grades 5, 8, 9, and 11 participated. In Central Minnesota, 78,589 students participated.

From 2019 data, the top number in each region is the percent of students participating in the MSS located in that region; the number in parentheses is the regional location of MN youth (17 year olds or younger) in the MN population.

Population data source: http://www.mncompass.org/

The number of students (and percentage) with each characteristics in this region is reported below. This will be helpful in interpreting results for each group.

Other Student Characteristic	2013	2016	2019
Foster care	86	115	868
	0.3%	0.4%	3.3%
Free/reduced priced lunch	6433	6863	5629
	26.2%	27.1%	25.9%
Homelessness	962	1069	921
	5.2%	5.7%	4.8%
LGBQ	712	1154	1272
	5.8%	9.1%	10.9%
Special education	2513	2884	2694
	10.2%	11.5%	13.1%
Trauma	8849	7478	7658
	36.1%	39.6%	39.7%
TOTAL	25,422	26,000	27,167

#### **Positive Youth Development**

We base this work on the principles of Positive Youth Development.<sup>1</sup> This is informed by positive psychology and the developmental asset approaches. This provides us with a strong set of principles through which to be better equipped to meet the needs of youth across diverse communities.

- Youth have an inherent capacity for positive development
- That is enabled and enhanced through multiple meaningful relationships, contexts, & environments
- Where community is a critical delivery system
- And youth are major actors in their own development

#### **Equipped for Learning**

To be equipped for learning on Developmental Skills & Supports, students must score at the point where they report that the characteristics of the measure (values, beliefs, behaviors) are more like them than not. This is essentially an average of three out of four on a 4-point rating scale. The items measuring Developmental Skills & Supports function similarly across years and for students from different grades and different racial or ethnic backgrounds.

#### Does it make a difference?

Students who are equipped in the Developmental Skills & Supports report higher school grades, are more likely to have higher aspirations to go to college, and have higher participation in afterschool activities.

#### **Developmental Skills**

#### Commitment to Learning

I care about doing well in school, pay attention in class, go to class prepared, am interested in learning, find school learning useful, and being a student is an important part of who I am.

#### Positive Identity and Outlook (DAP)

I have a sense of control in my life, feel good about myself and future, deal well with disappointment and life's challenges, and think about my purpose in life.

#### Social Competence (DAP)

I say no to dangerous/unhealthy things, build friendships, express feelings appropriately, plan ahead and make good choices, resist bad influences, resolve conflicts without violence, accept differences in others, and recognize the needs and feelings of others.

#### **Afterschool Activities**

Ignite Afterschool promotes access and regular participation (3 times a week or more) in afterschool activities and programs.

The percent reporting positive experiences only includes those students with regular participation and was included in the 2016 and 2019 MSS.

For more information, see http://igniteafterschool.org/afterschool-access Those equipped for learning in the Developmental Skills & Supports are bullied less, engage in less bullying, are less likely to skip school or engage in substance use, and experience less mental distress

#### **Developmental Supports**

#### Empowerment (DAP)

I have a sense of safety at home, at school, and in the neighborhood; feel valued and appreciated; am included in family roles; and have responsibilities.

#### Family/Community Support

I feel cared for by parents, other adult relatives, friends, and other adults in the community.

#### Teacher/School Support

Adults at school treat students fairly and listen to students; school rules are fair; teachers care about students and care about and are interested in me.

DAP measures are from the *Developmental Asset Profile*, Search Institute, Minneapolis, MN.

#### **Additional Indicators**

- Indicators for trauma include 5<sup>th</sup> grade only in 2013 and for mental distress do not include 5<sup>th</sup> grade in any year; both indicators include grades 8, 9, & 11.
- Trauma experiences include homelessness, parent incarceration, verbal/physical abuse, sexual abuse, family alcohol/drug abuse.
- Mental Distress includes significant mental health and behavior-emotional problems; self-injury; suicidal thoughts and attempts.

<sup>&</sup>lt;sup>1</sup> Benson, P.L., Scales, P.C., Hamilton, S.F., & Sesma, A. (2006). Positive youth development: Theory, research, and applications. In W. Damon & R.M. Lerner (Eds.), *Handbook of child psychology*. Wiley.



## **High School Graduation and Beyond**

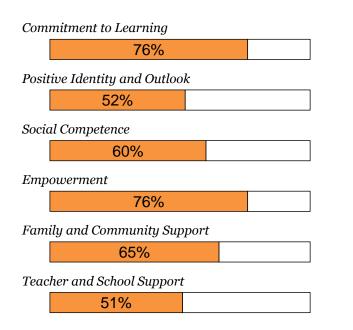


of All students plan to graduate high school.

76% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

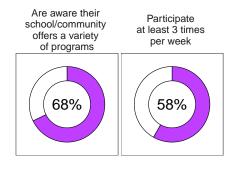
## **Developmental Skills & Supports**

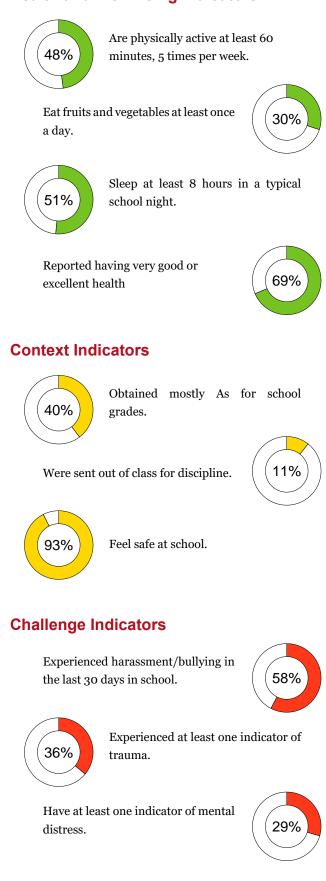
What percentage of All students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of All students who ...







# All Students in Central for 2016



#### **High School Graduation and Beyond**

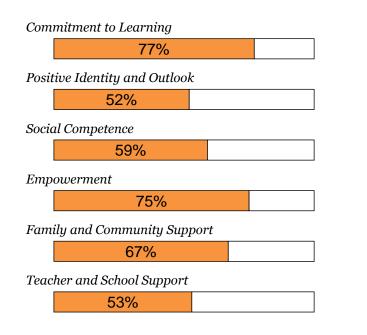


of All students plan to graduate high school.

75% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

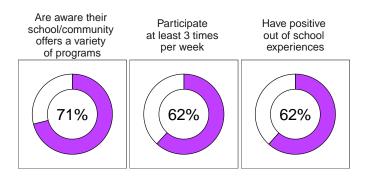
#### **Developmental Skills & Supports**

What percentage of All students meet the threshold to be equipped for learning with developmental skills and supports?



## Afterschool Activities

Percent of All students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

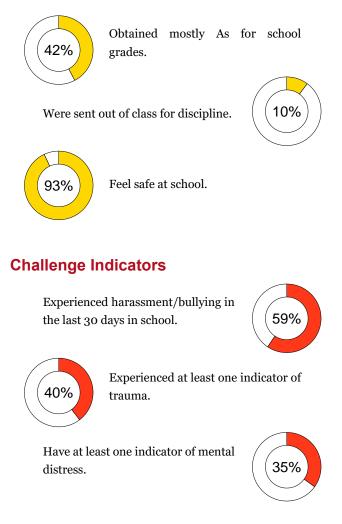


50%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health









#### **High School Graduation and Beyond**

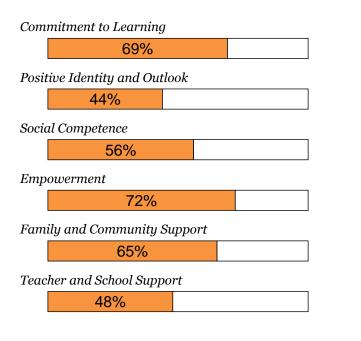


of All students plan to graduate high school.

72% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

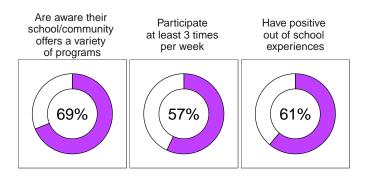
#### **Developmental Skills & Supports**

What percentage of All students meet the threshold to be equipped for learning with developmental skills and supports?

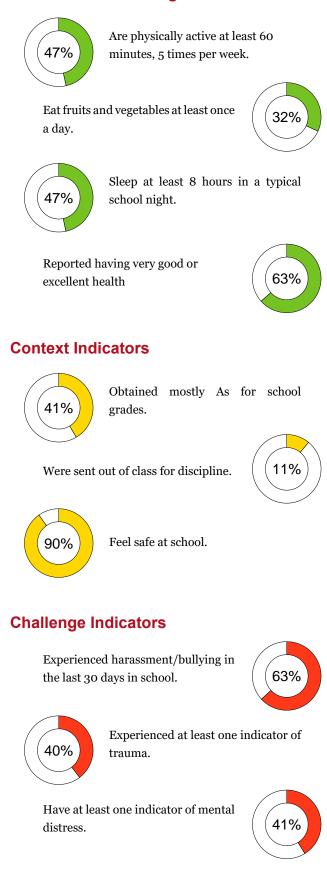


## Afterschool Activities

Percent of All students who ...



#### Health and Well-Being Indicators



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# Am Indian Students in Central for 2013



#### High School Graduation and Beyond

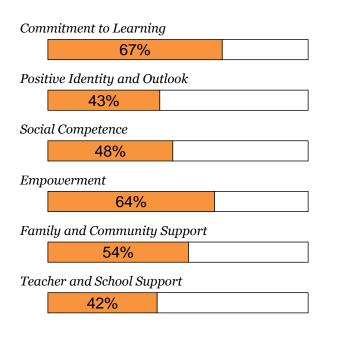


of Am Indian students plan to graduate high school.

64% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

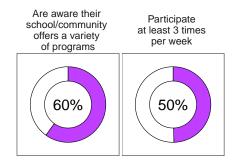
## **Developmental Skills & Supports**

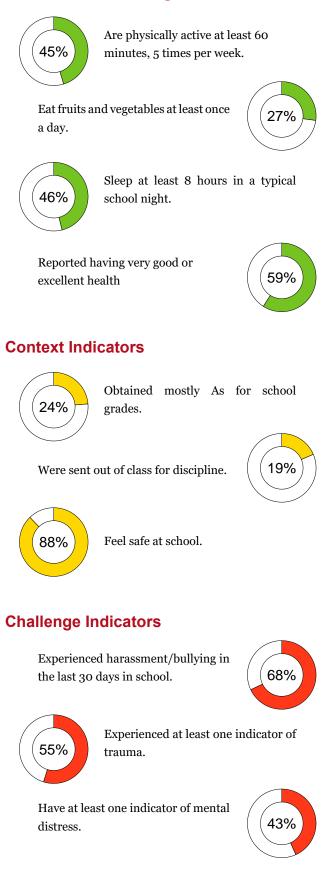
What percentage of Am Indian students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Am Indian students who ...







# Am Indian Students in Central for 2016



#### **High School Graduation and Beyond**

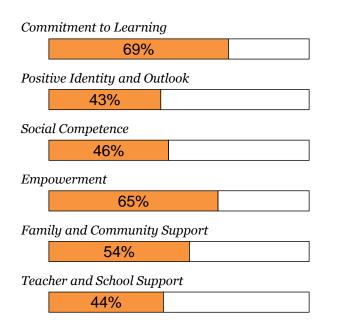


of Am Indian students plan to graduate high school.

63% plan to attend a 2 or 4 year college/university. 5% plan to obtain a license/certificate or apprenticeship. 3% plan to obtain a GED.

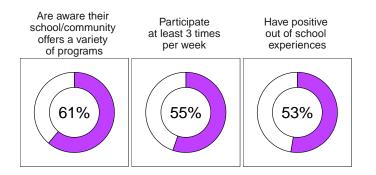
#### **Developmental Skills & Supports**

What percentage of Am Indian students meet the threshold to be equipped for learning with developmental skills and supports?

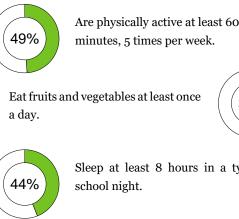


## Afterschool Activities

Percent of Am Indian students who ...



#### Health and Well-Being Indicators

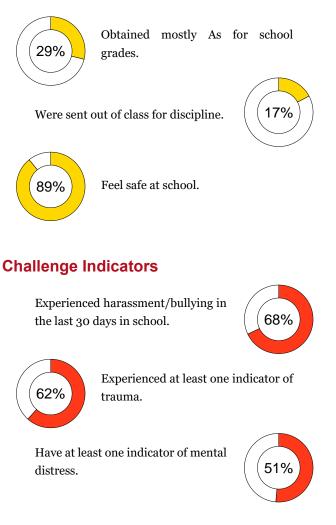


Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health



30%





# Am Indian Students in Central for 2019



#### High School Graduation and Beyond

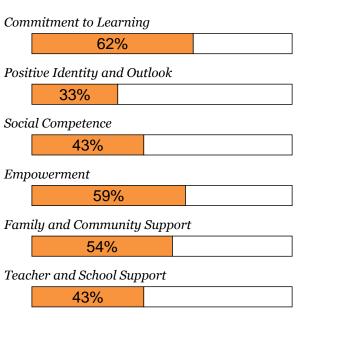


of Am Indian students plan to graduate high school.

57% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

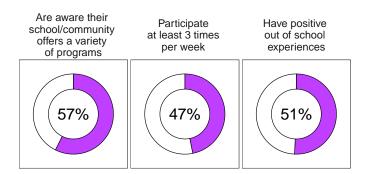
#### **Developmental Skills & Supports**

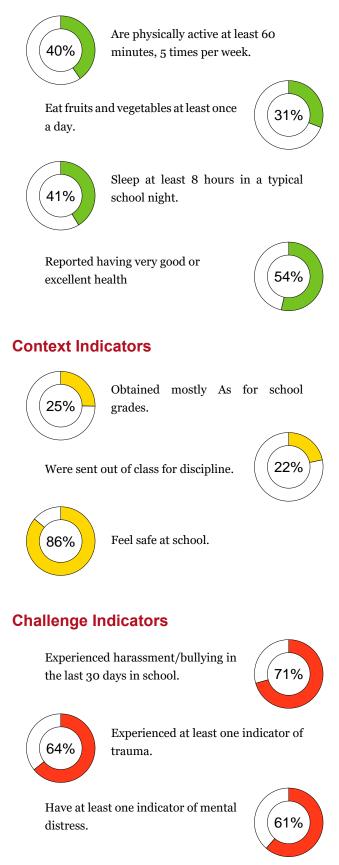
What percentage of Am Indian students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Am Indian students who ...







# Asian/PI Students in Central for 2013



#### High School Graduation and Beyond

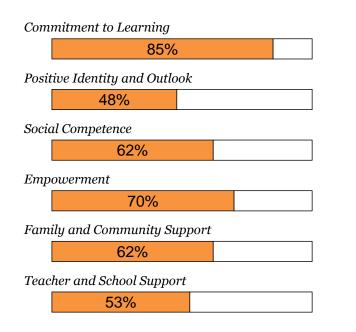


of Asian/PI students plan to graduate high school.

81% plan to attend a 2 or 4 year college/university.3% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

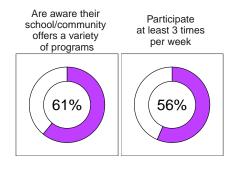
## **Developmental Skills & Supports**

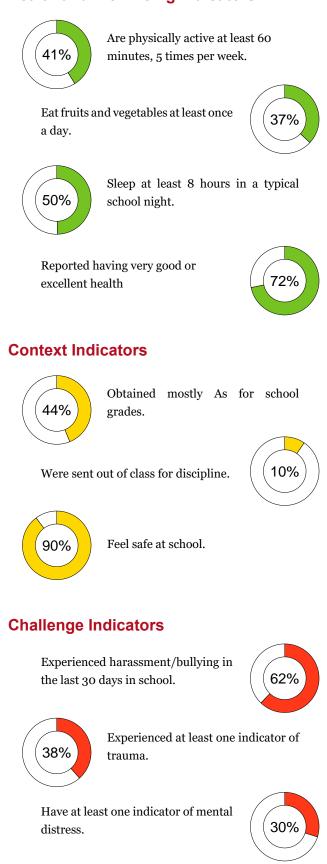
What percentage of Asian/PI students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Asian/PI students who ...







# Asian/PI Students in Central for 2016



#### High School Graduation and Beyond

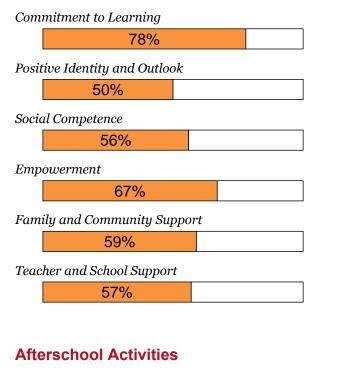


of Asian/PI students plan to graduate high school.

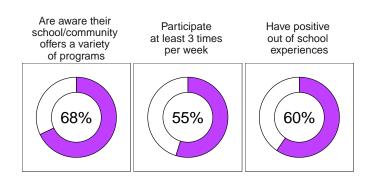
80% plan to attend a 2 or 4 year college/university.3% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

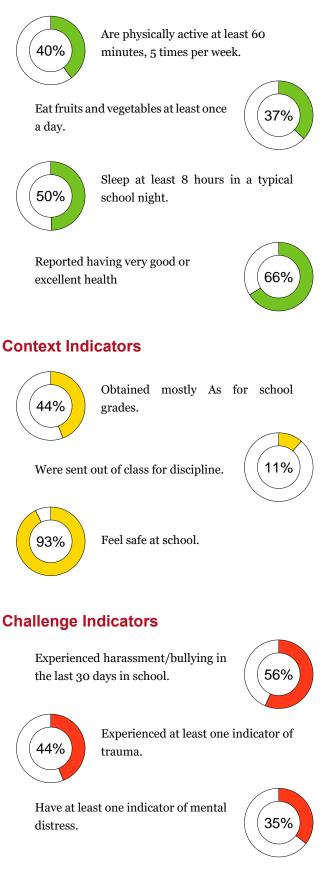
## **Developmental Skills & Supports**

What percentage of Asian/PI students meet the threshold to be equipped for learning with developmental skills and supports?



Percent of Asian/PI students who...







# Asian/PI Students in Central for 2019



#### High School Graduation and Beyond

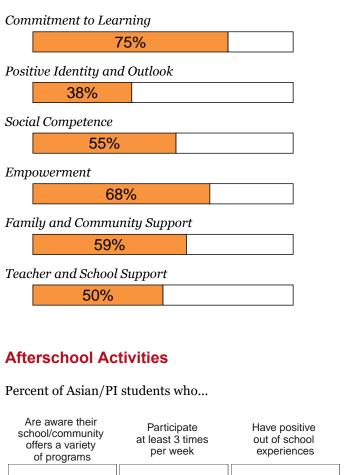


of Asian/PI students plan to graduate high school.

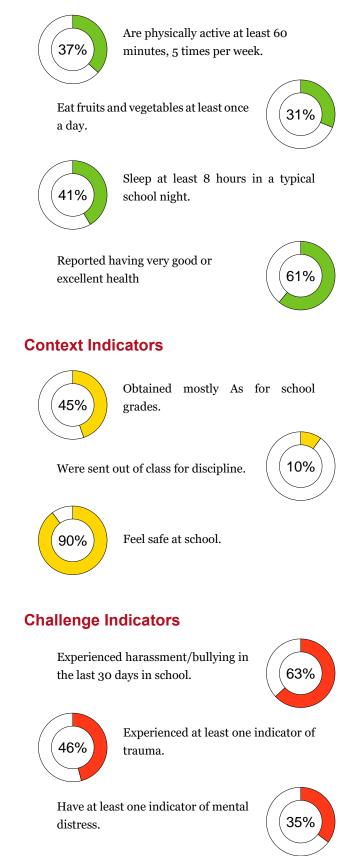
74% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

#### **Developmental Skills & Supports**

What percentage of Asian/PI students meet the threshold to be equipped for learning with developmental skills and supports?



# 64%





# Black Students in Central for 2013



#### **High School Graduation and Beyond**

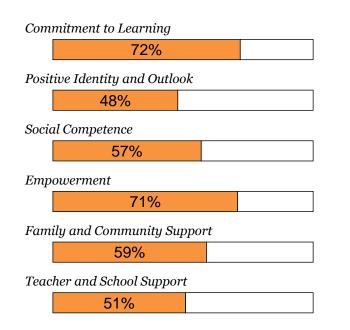


of Black students plan to graduate high school.

72% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

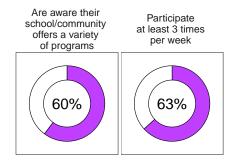
#### **Developmental Skills & Supports**

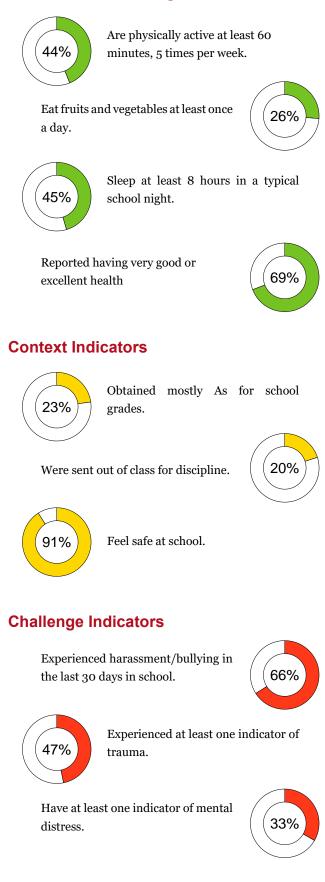
What percentage of Black students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Black students who ...







# Black Students in Central for 2016



#### **High School Graduation and Beyond**

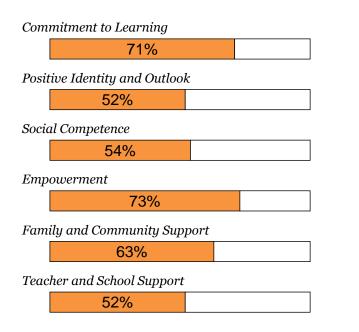


of Black students plan to graduate high school.

72% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

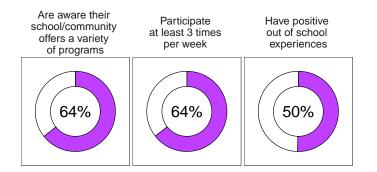
#### **Developmental Skills & Supports**

What percentage of Black students meet the threshold to be equipped for learning with developmental skills and supports?

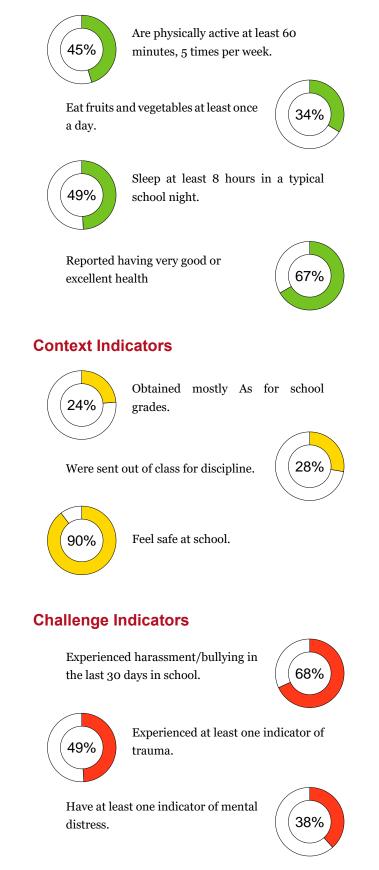


## **Afterschool Activities**

Percent of Black students who ...



#### Health and Well-Being Indicators





Minnesota Youth Development Research Group www.mnydrg.com

# Black Students in Central for 2019



#### High School Graduation and Beyond

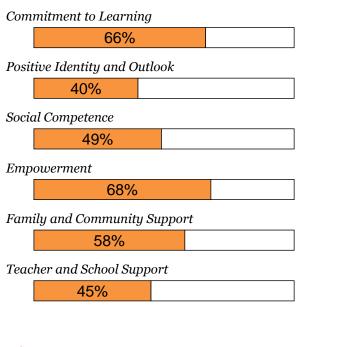


of Black students plan to graduate high school.

68% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

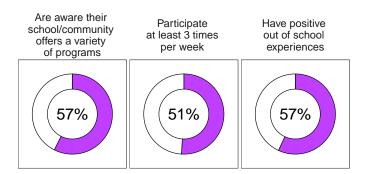
#### **Developmental Skills & Supports**

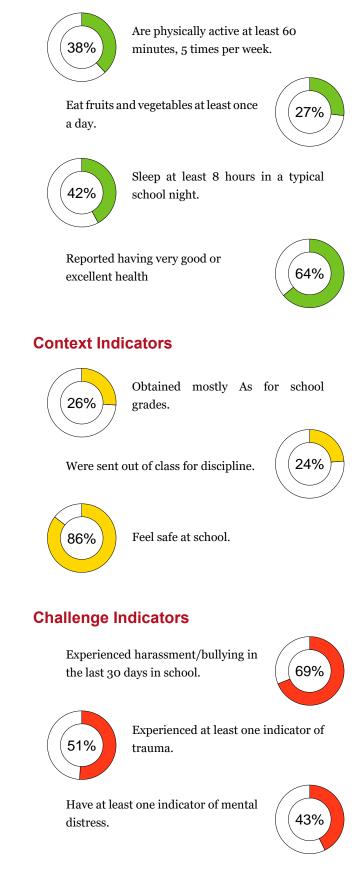
What percentage of Black students meet the threshold to be equipped for learning with developmental skills and supports?



## Afterschool Activities

Percent of Black students who ...







# White Students in Central for 2013



#### High School Graduation and Beyond

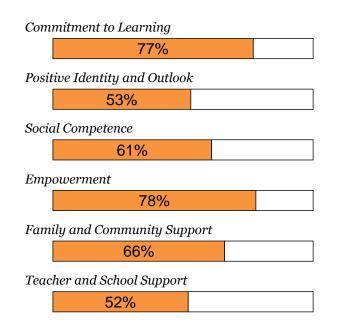


of White students plan to graduate high school.

78% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

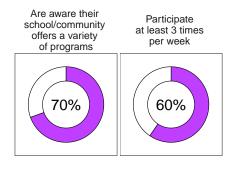
#### **Developmental Skills & Supports**

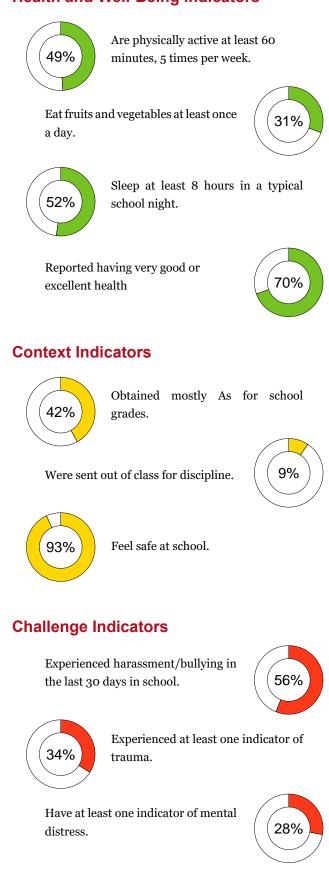
What percentage of White students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of White students who ...







# White Students in Central for 2016



#### High School Graduation and Beyond

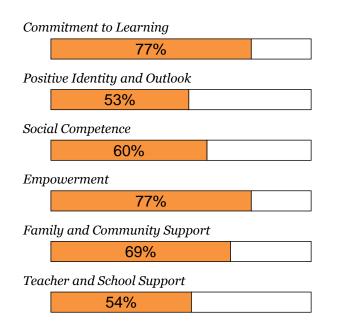


of White students plan to graduate high school.

77% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

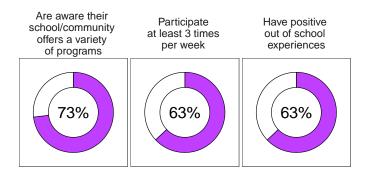
#### **Developmental Skills & Supports**

What percentage of White students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of White students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

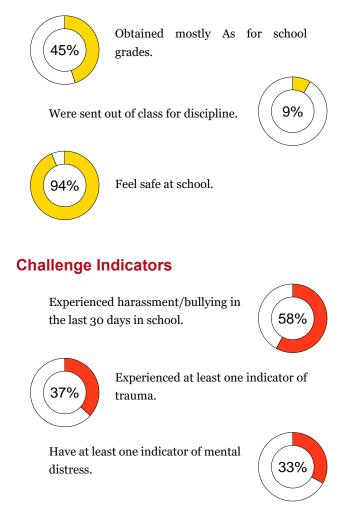


50%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# White Students in Central for 2019



#### High School Graduation and Beyond

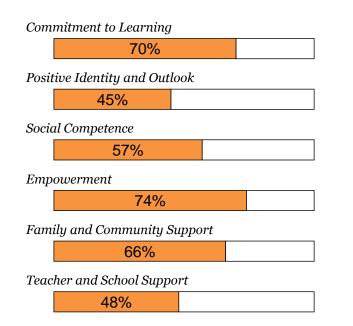


of White students plan to graduate high school.

73% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

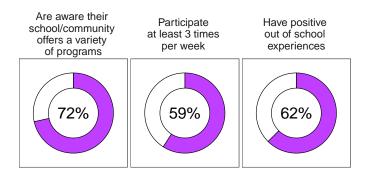
#### **Developmental Skills & Supports**

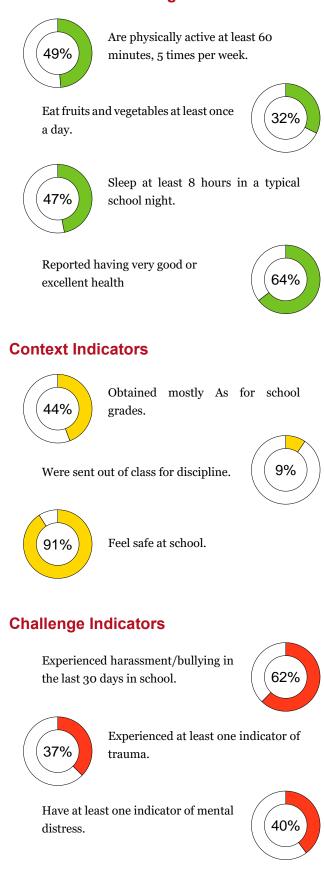
What percentage of White students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of White students who ...







# Multi Race Students in Central for 2013



#### High School Graduation and Beyond

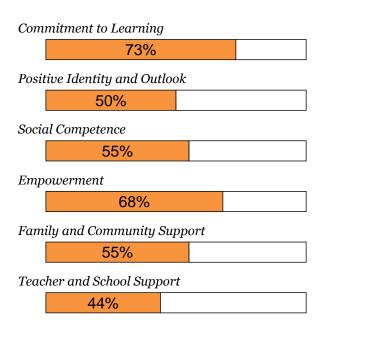


of Multi Race students plan to graduate high school.

76% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

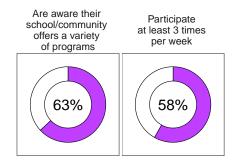
#### **Developmental Skills & Supports**

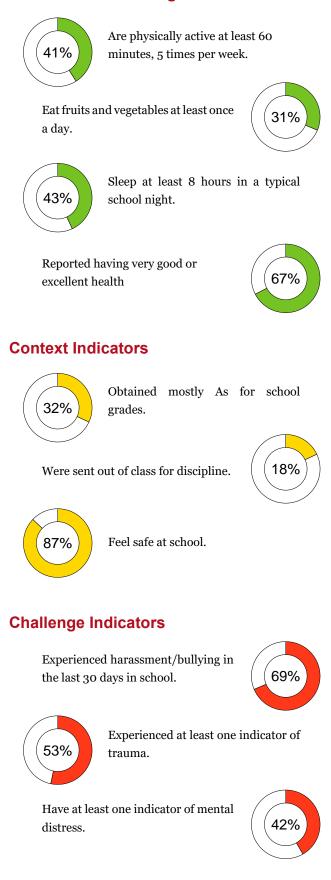
What percentage of Multi Race students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Multi Race students who ...







# Multi Race Students in Central for 2016



#### High School Graduation and Beyond

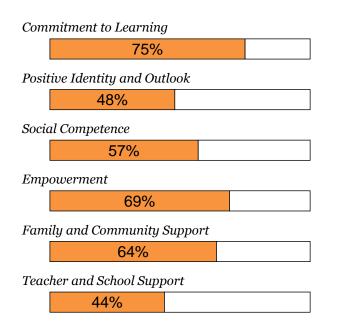


of Multi Race students plan to graduate high school.

74% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

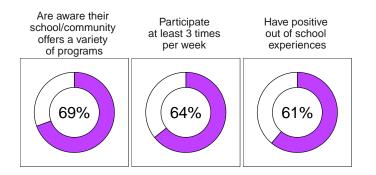
#### **Developmental Skills & Supports**

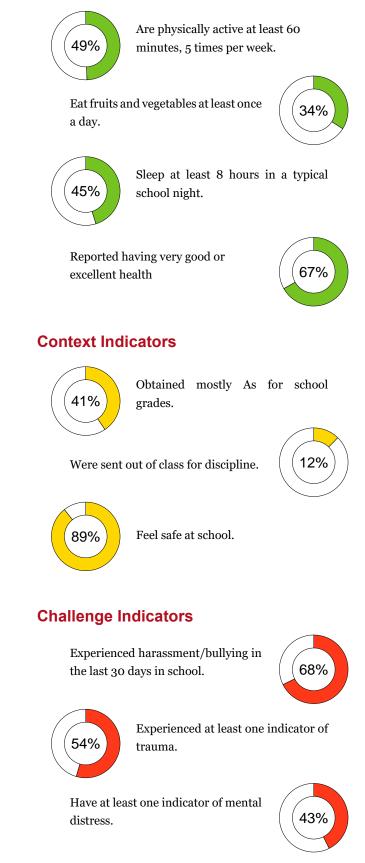
What percentage of Multi Race students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Multi Race students who ...







# Multi Race Students in Central for 2019



#### High School Graduation and Beyond

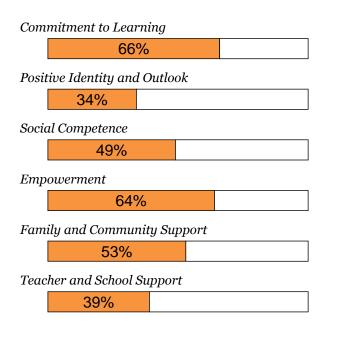


of Multi Race students plan to graduate high school.

72% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

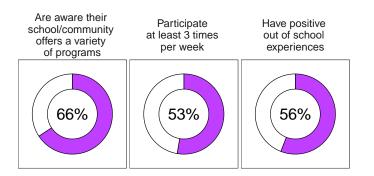
#### **Developmental Skills & Supports**

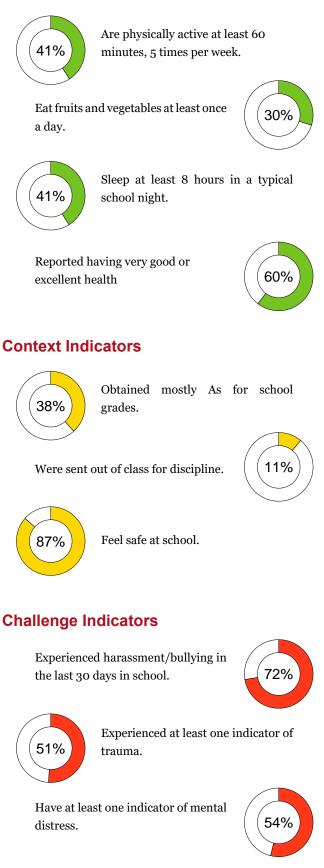
What percentage of Multi Race students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Multi Race students who ...







## Hmong Students in Central for 2013



#### High School Graduation and Beyond

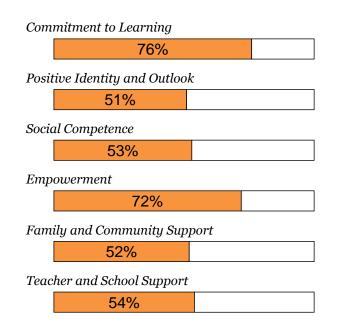


of Hmong students plan to graduate high school.

65% plan to attend a 2 or 4 year college/university.3% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

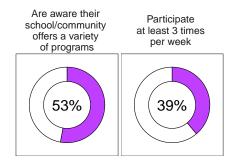
#### **Developmental Skills & Supports**

What percentage of Hmong students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Hmong students who ...



## Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

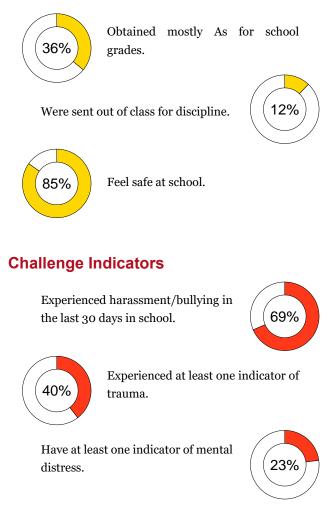


44%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# Hmong Students in Central for 2016



#### High School Graduation and Beyond

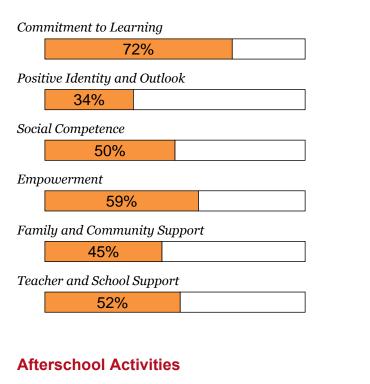


of Hmong students plan to graduate high school.

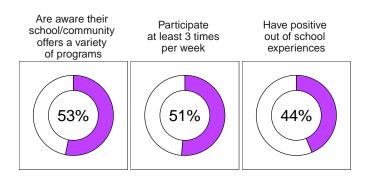
66% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

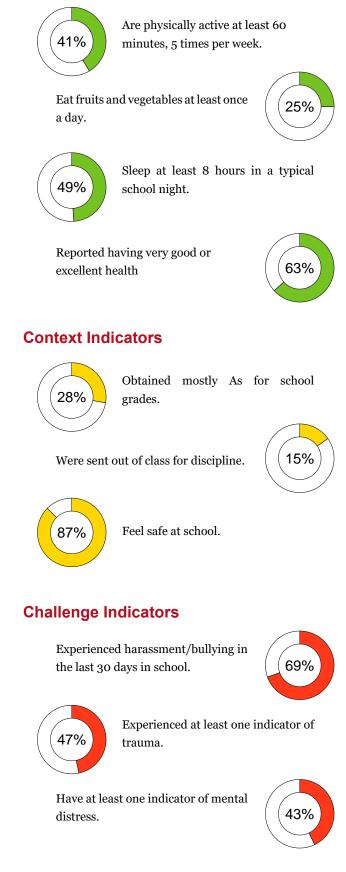
#### **Developmental Skills & Supports**

What percentage of Hmong students meet the threshold to be equipped for learning with developmental skills and supports?



Percent of Hmong students who ...







## Hmong Students in Central for 2019



#### High School Graduation and Beyond

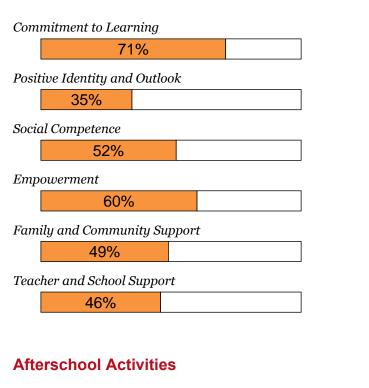


of Hmong students plan to graduate high school.

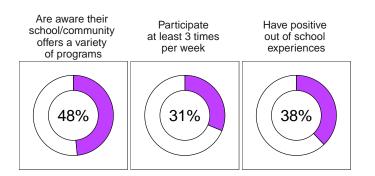
69% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

#### **Developmental Skills & Supports**

What percentage of Hmong students meet the threshold to be equipped for learning with developmental skills and supports?



Percent of Hmong students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

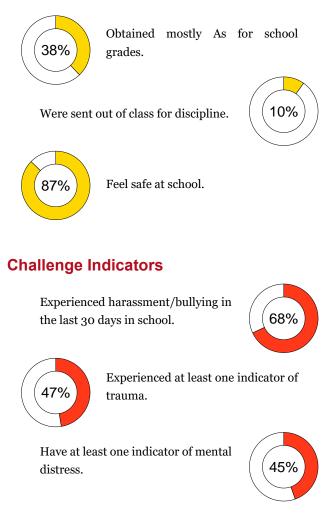


39%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# Latino Students in Central for 2013



#### High School Graduation and Beyond

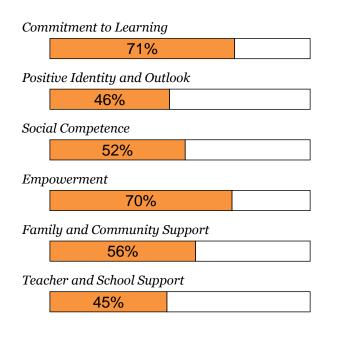


of Latino students plan to graduate high school.

68% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

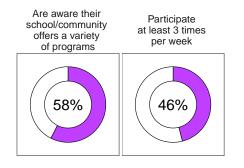
#### **Developmental Skills & Supports**

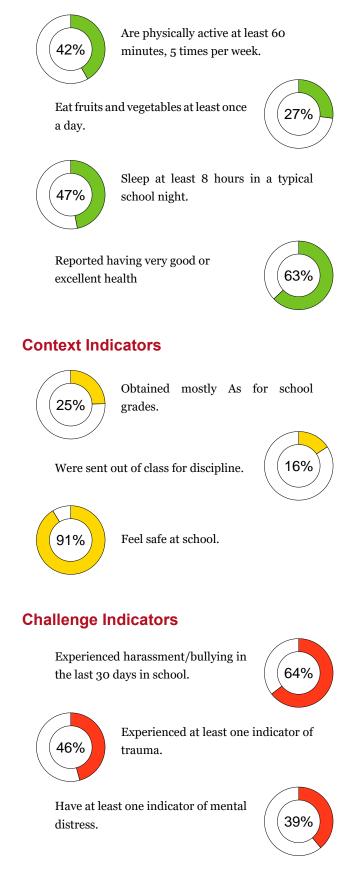
What percentage of Latino students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Latino students who ...







# Latino Students in Central for 2016



#### High School Graduation and Beyond

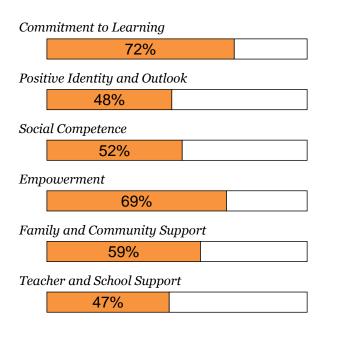


of Latino students plan to graduate high school.

68% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

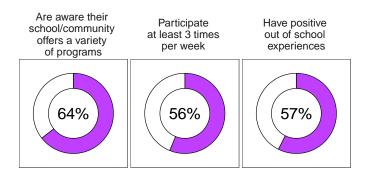
#### **Developmental Skills & Supports**

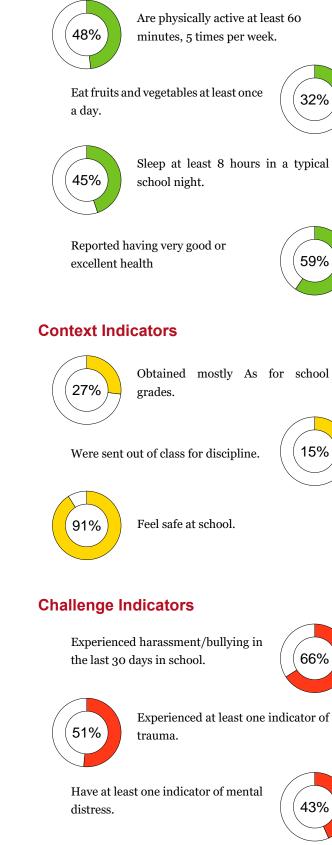
What percentage of Latino students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Latino students who ...







# Latino Students in Central for 2019



#### High School Graduation and Beyond

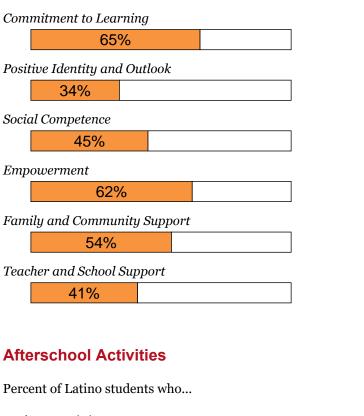


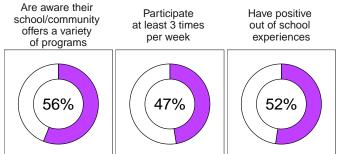
of Latino students plan to graduate high school.

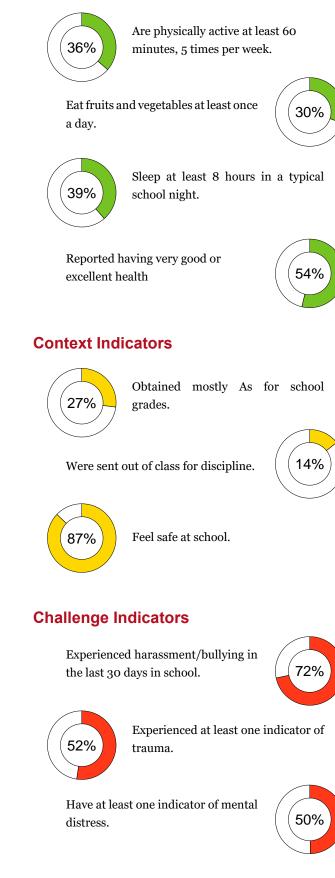
66% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

#### **Developmental Skills & Supports**

What percentage of Latino students meet the threshold to be equipped for learning with developmental skills and supports?









# Somali Students in Central for 2013



#### High School Graduation and Beyond

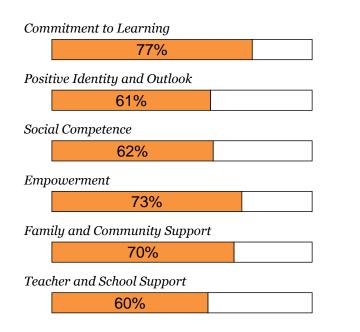


of Somali students plan to graduate high school.

73% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

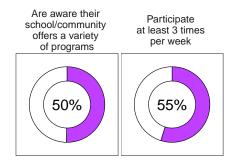
#### **Developmental Skills & Supports**

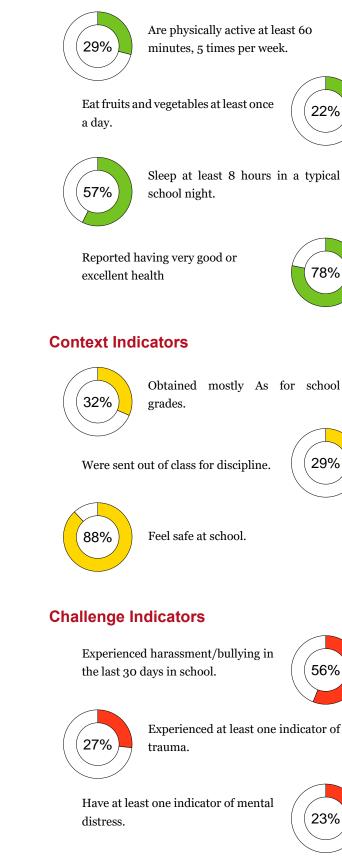
What percentage of Somali students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Somali students who ...







# Somali Students in Central for 2016



#### **High School Graduation and Beyond**

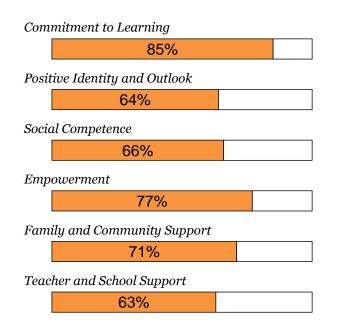


of Somali students plan to graduate high school.

72% plan to attend a 2 or 4 year college/university.3% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

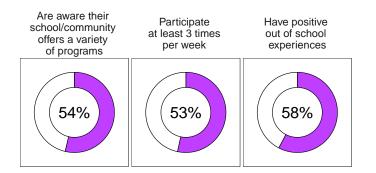
#### **Developmental Skills & Supports**

What percentage of Somali students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Somali students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

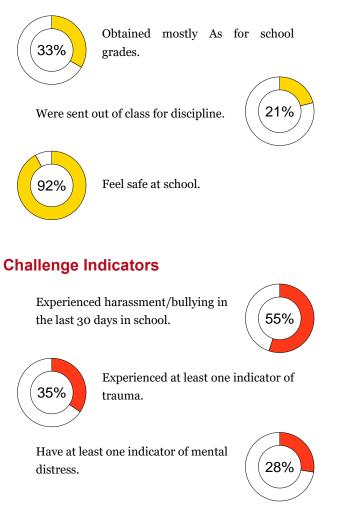


69%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# Somali Students in Central for 2019



#### **High School Graduation and Beyond**

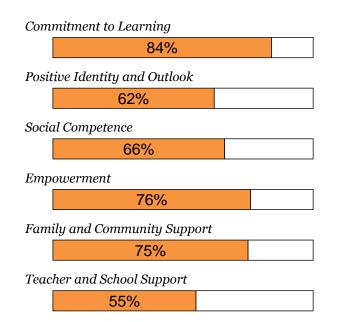


of Somali students plan to graduate high school.

80% plan to attend a 2 or 4 year college/university. 2% plan to obtain a license/certificate or apprenticeship. 4% plan to obtain a GED.

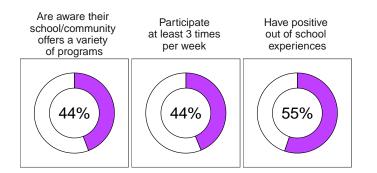
#### **Developmental Skills & Supports**

What percentage of Somali students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Somali students who ...



#### **Health and Well-Being Indicators**



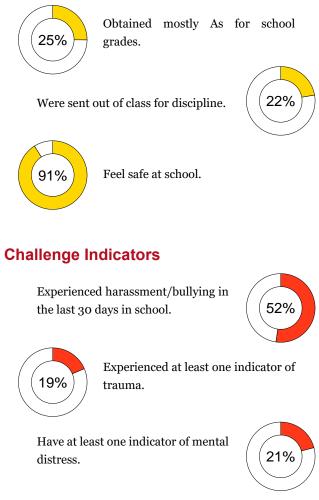
Sleep at least 8 hours in a typical

school night.

Reported having very good or



24%





# Foster-Care Students in Central for 2013



## High School Graduation and Beyond

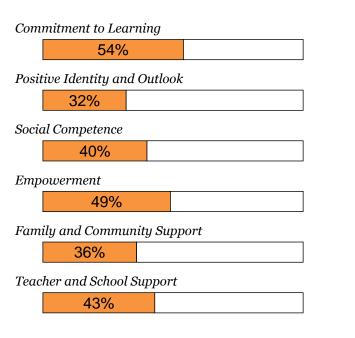


of Foster-Care students plan to graduate high school.

56% plan to attend a 2 or 4 year college/university.10% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

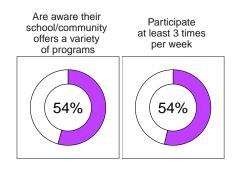
## **Developmental Skills & Supports**

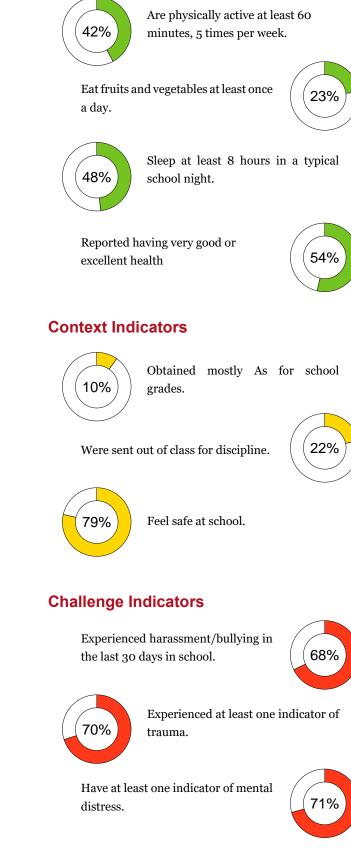
What percentage of Foster-Care students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

#### Percent of Foster-Care students who...







# Foster-Care Students in Central for 2016



#### **High School Graduation and Beyond**

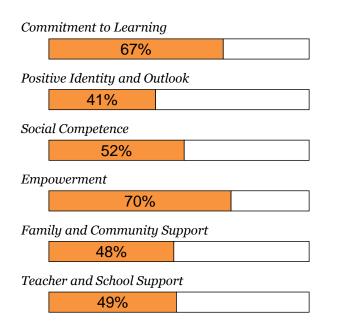


of Foster-Care students plan to graduate high school.

51% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

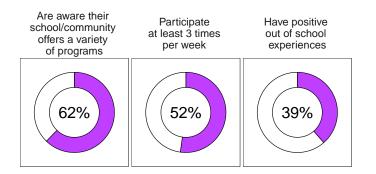
#### **Developmental Skills & Supports**

What percentage of Foster-Care students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Foster-Care students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

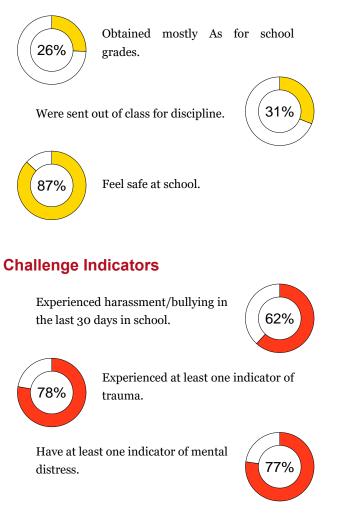


54%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# Foster-Care Students in Central for 2019



#### High School Graduation and Beyond

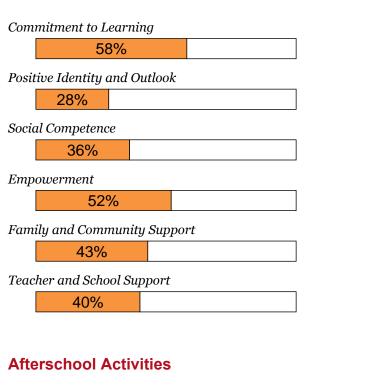


of Foster-Care students plan to graduate high school.

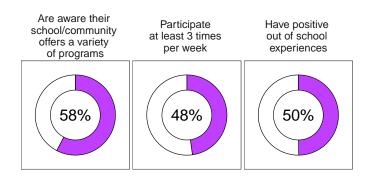
58% plan to attend a 2 or 4 year college/university.6% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

#### **Developmental Skills & Supports**

What percentage of Foster-Care students meet the threshold to be equipped for learning with developmental skills and supports?



Percent of Foster-Care students who...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

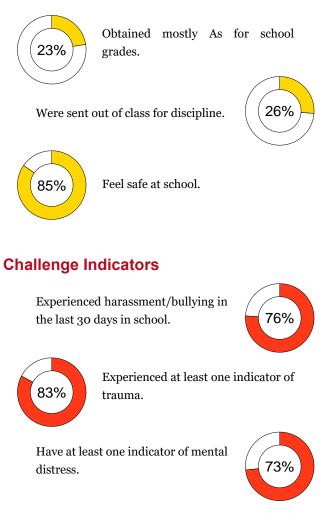


39%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







## FRL Students in Central for 2013



#### **High School Graduation and Beyond**

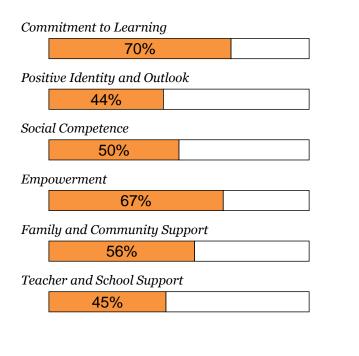


of FRL students plan to graduate high school.

67% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

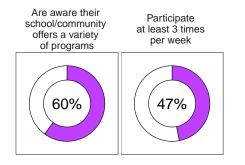
#### **Developmental Skills & Supports**

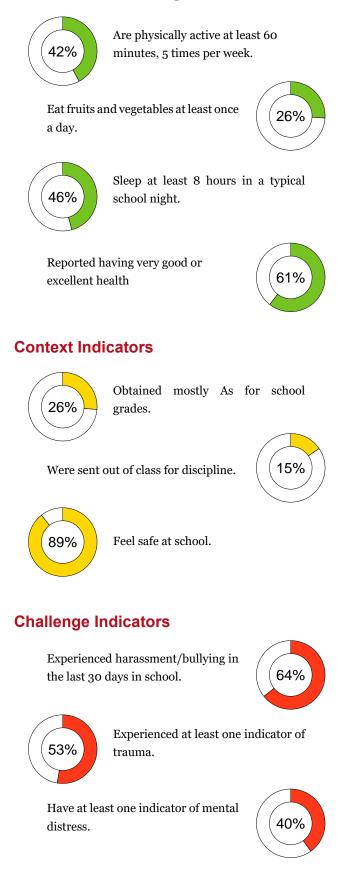
What percentage of FRL students meet the threshold to be equipped for learning with developmental skills and supports?



#### **Afterschool Activities**

Percent of FRL students who ...







## FRL Students in Central for 2016



#### **High School Graduation and Beyond**

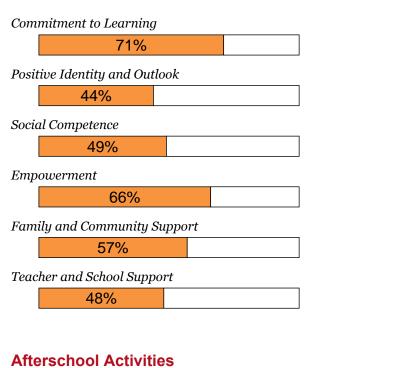


of FRL students plan to graduate high school.

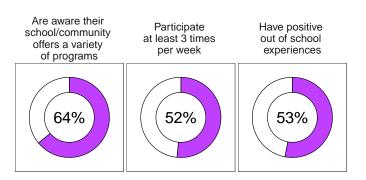
64% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

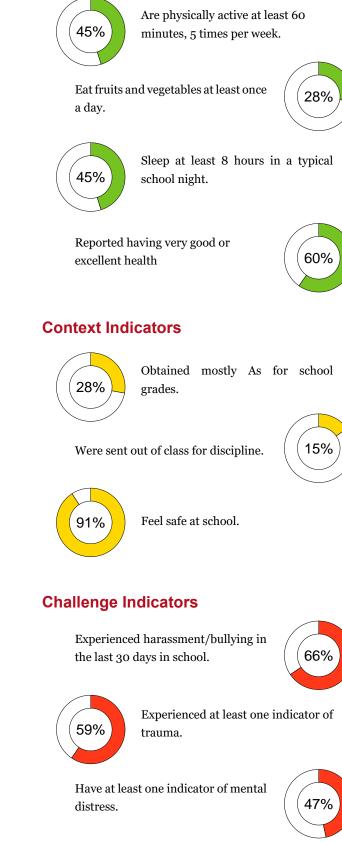
#### **Developmental Skills & Supports**

What percentage of FRL students meet the threshold to be equipped for learning with developmental skills and supports?



Percent of FRL students who...







## FRL Students in Central for 2019



#### **High School Graduation and Beyond**

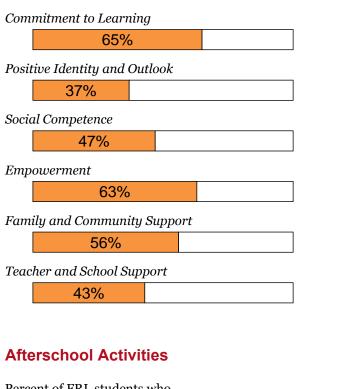


of FRL students plan to graduate high school.

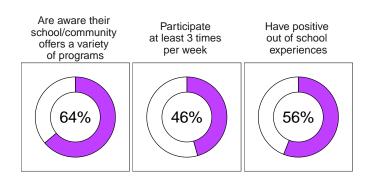
62% plan to attend a 2 or 4 year college/university. 5% plan to obtain a license/certificate or apprenticeship. 2% plan to obtain a GED.

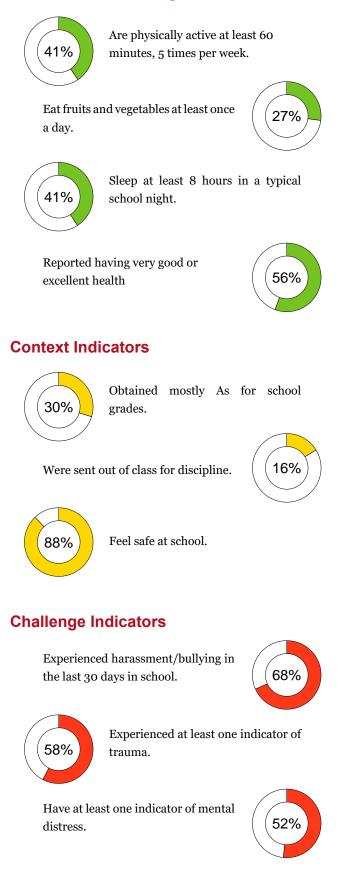
#### **Developmental Skills & Supports**

What percentage of FRL students meet the threshold to be equipped for learning with developmental skills and supports?



Percent of FRL students who ...







## Homeless Students in Central for 2013



## High School Graduation and Beyond

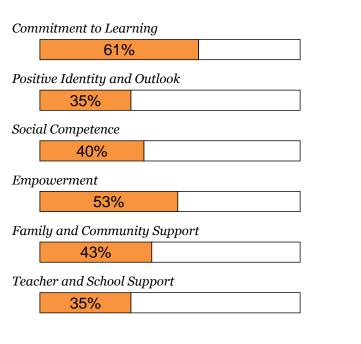


of Homeless students plan to graduate high school.

63% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

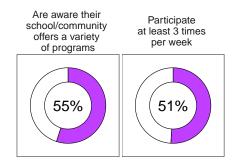
## **Developmental Skills & Supports**

What percentage of Homeless students meet the threshold to be equipped for learning with developmental skills and supports?

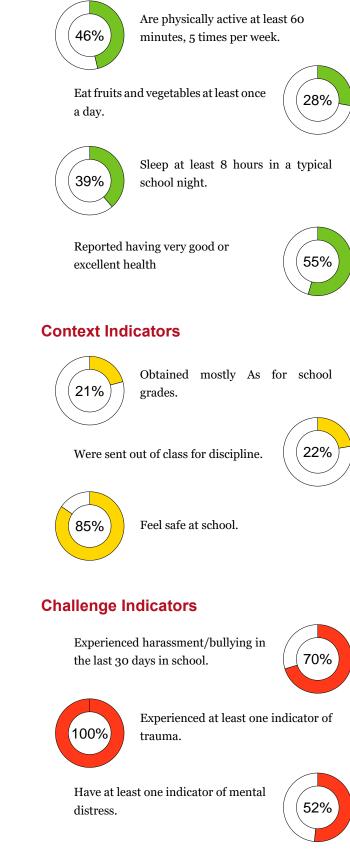


## **Afterschool Activities**

Percent of Homeless students who ...



#### **Health and Well-Being Indicators**





## Homeless Students in Central for 2016



### **High School Graduation and Beyond**

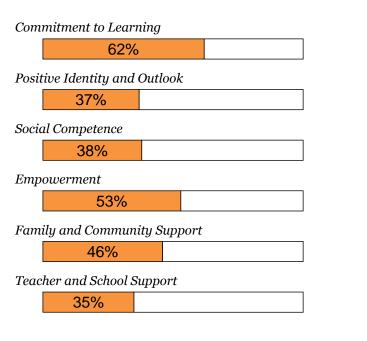


of Homeless students plan to graduate high school.

61% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

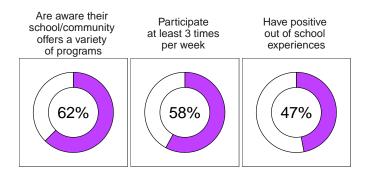
#### **Developmental Skills & Supports**

What percentage of Homeless students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of Homeless students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.



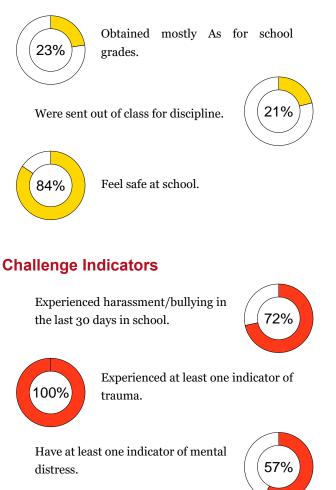
38%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health



#### **Context Indicators**





Minnesota Youth Development Research Group www.mnydrg.com

## Homeless Students in Central for 2019



## High School Graduation and Beyond

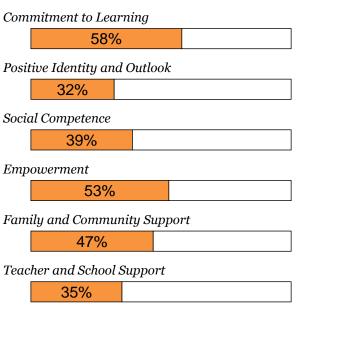


of Homeless students plan to graduate high school.

60% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.3% plan to obtain a GED.

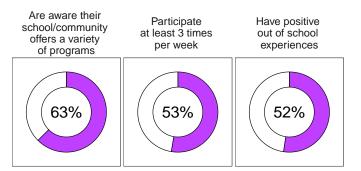
## **Developmental Skills & Supports**

What percentage of Homeless students meet the threshold to be equipped for learning with developmental skills and supports?

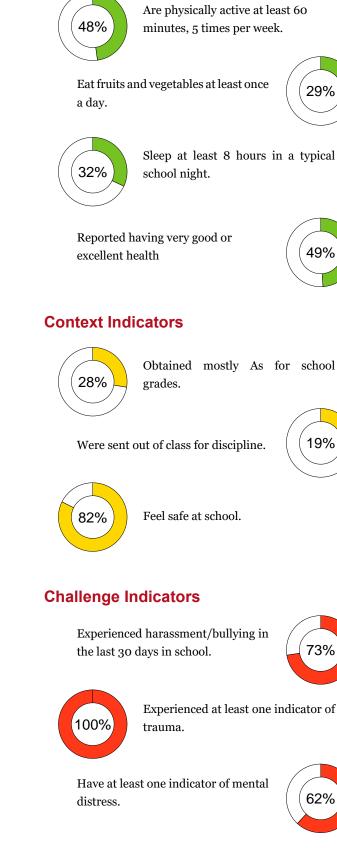


## Afterschool Activities

Percent of Homeless students who ...



### Health and Well-Being Indicators





## LGBQ Students in Central for 2013



### **High School Graduation and Beyond**

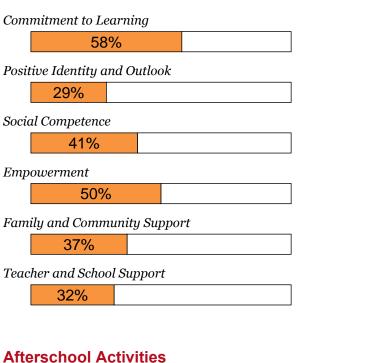


of LGBQ students plan to graduate high school.

65% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

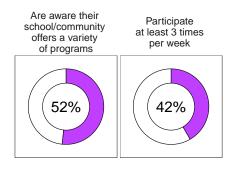
## **Developmental Skills & Supports**

What percentage of LGBQ students meet the threshold to be equipped for learning with developmental skills and supports?



#### Atterschool Activities

#### Percent of LGBQ students who ...



#### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

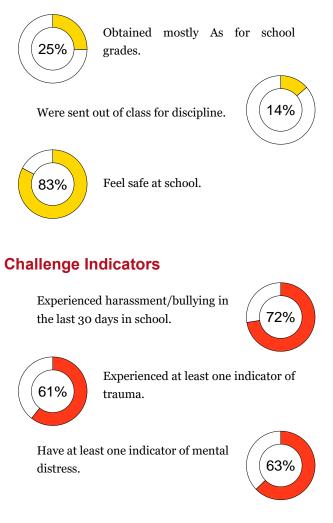


32%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







## LGBQ Students in Central for 2016



### **High School Graduation and Beyond**

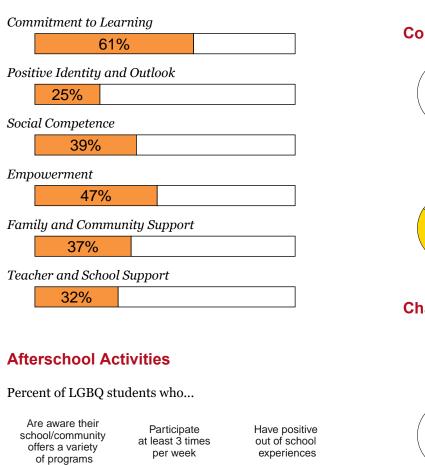


of LGBQ students plan to graduate high school.

66% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

## **Developmental Skills & Supports**

What percentage of LGBQ students meet the threshold to be equipped for learning with developmental skills and supports?



44%

60%

44%

#### **Health and Well-Being Indicators**



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

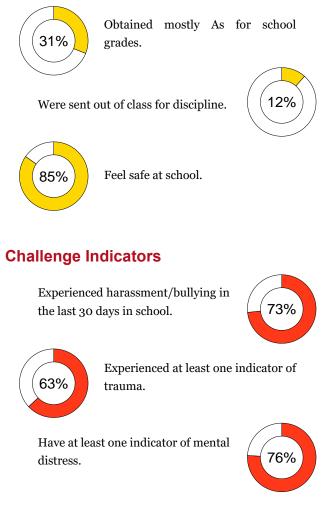


24%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







## LGBQ Students in Central for 2019



### High School Graduation and Beyond

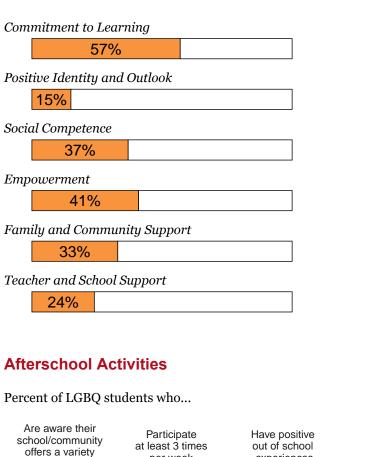


of LGBQ students plan to graduate high school.

66% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.1% plan to obtain a GED.

#### **Developmental Skills & Supports**

What percentage of LGBQ students meet the threshold to be equipped for learning with developmental skills and supports?



per week

42%

of programs

61%

experiences

45%

### Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

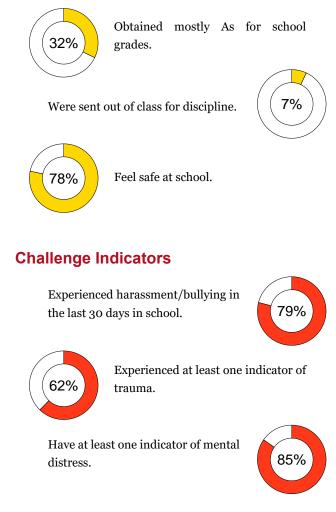


18%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health









## High School Graduation and Beyond

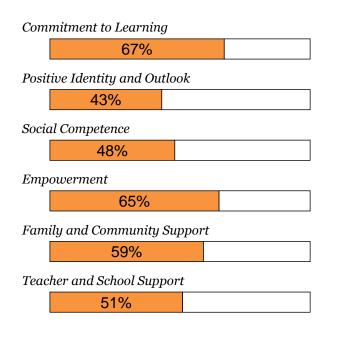


of SpEd students plan to graduate high school.

56% plan to attend a 2 or 4 year college/university.4% plan to obtain a license/certificate or apprenticeship.4% plan to obtain a GED.

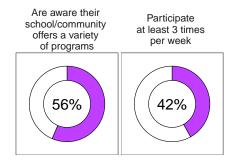
## **Developmental Skills & Supports**

What percentage of SpEd students meet the threshold to be equipped for learning with developmental skills and supports?



## **Afterschool Activities**

Percent of SpEd students who ...



## Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

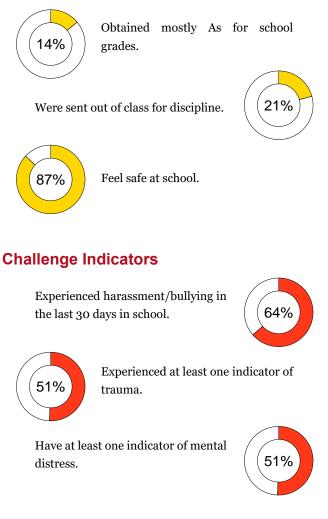


50%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







## SpEd Students in Central for 2016



## **High School Graduation and Beyond**

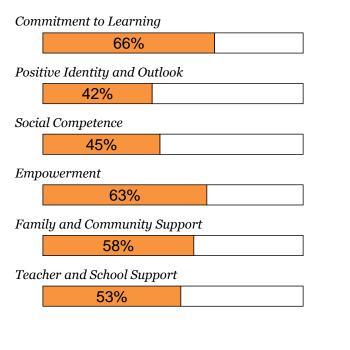


of SpEd students plan to graduate high school.

54% plan to attend a 2 or 4 year college/university. 4% plan to obtain a license/certificate or apprenticeship. 3% plan to obtain a GED.

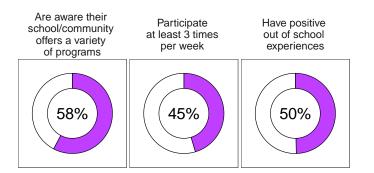
## **Developmental Skills & Supports**

What percentage of SpEd students meet the threshold to be equipped for learning with developmental skills and supports?

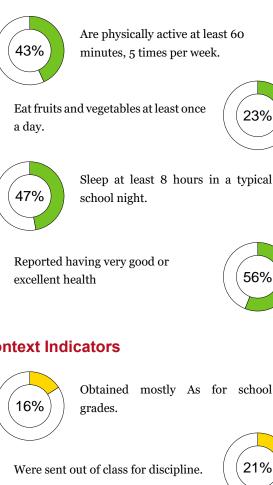


#### Afterschool Activities

Percent of SpEd students who ...

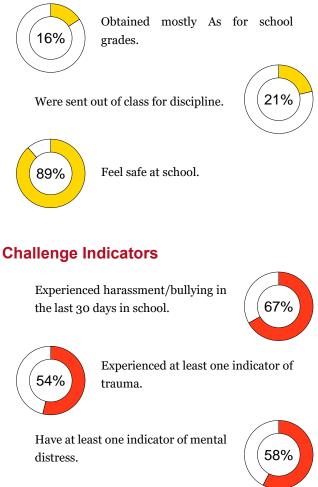


### Health and Well-Being Indicators





23%







## High School Graduation and Beyond

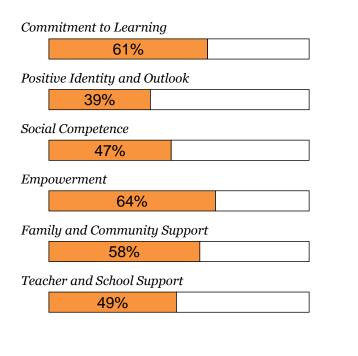


of SpEd students plan to graduate high school.

54% plan to attend a 2 or 4 year college/university.3% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

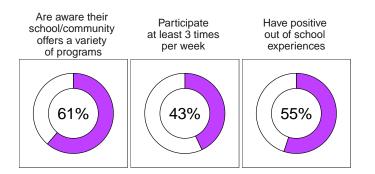
## **Developmental Skills & Supports**

What percentage of SpEd students meet the threshold to be equipped for learning with developmental skills and supports?



#### Afterschool Activities

Percent of SpEd students who ...



## Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

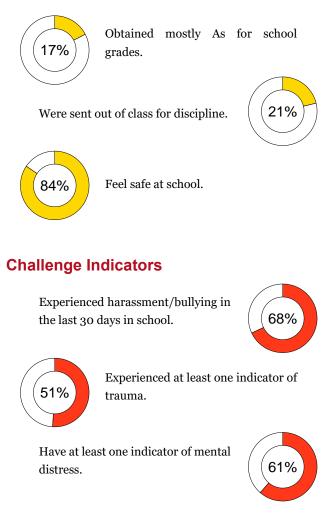


43%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# Trauma Experienced Students in Central for 2013



## High School Graduation and Beyond

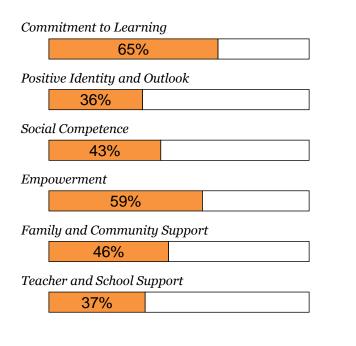


of Trauma Experienced students plan to graduate high school.

68% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

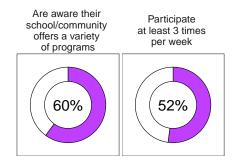
## **Developmental Skills & Supports**

What percentage of Trauma Experienced students meet the threshold to be equipped for learning with developmental skills and supports?

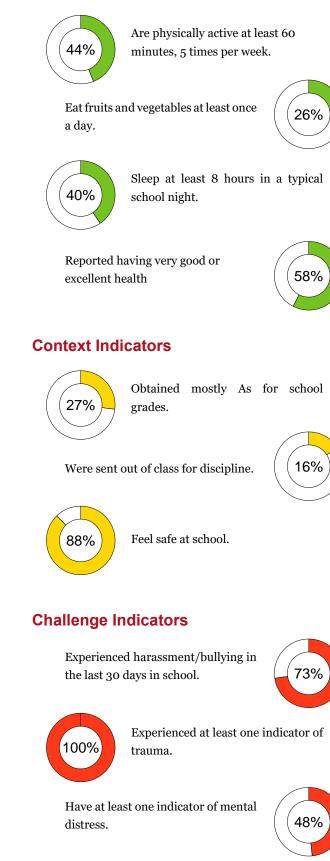


## **Afterschool Activities**

Percent of Trauma Experienced students who...



## Health and Well-Being Indicators





# Trauma Experienced Students in Central for 2016



## High School Graduation and Beyond

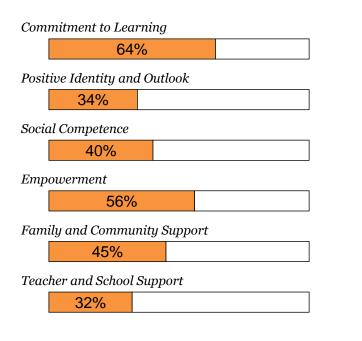


of Trauma Experienced students plan to graduate high school.

67% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

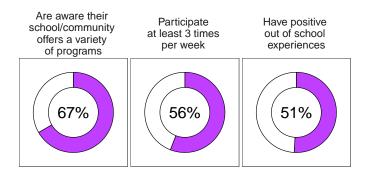
## **Developmental Skills & Supports**

What percentage of Trauma Experienced students meet the threshold to be equipped for learning with developmental skills and supports?



#### **Afterschool Activities**

Percent of Trauma Experienced students who...



## Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

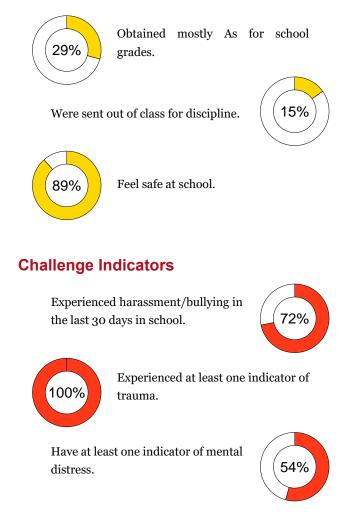


32%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







# Trauma Experienced Students in Central for 2019



## High School Graduation and Beyond

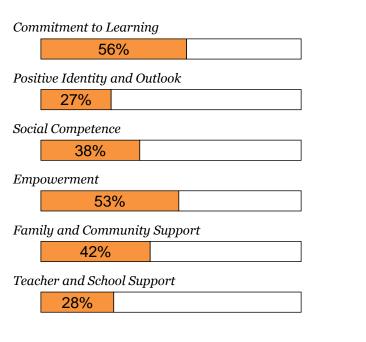


of Trauma Experienced students plan to graduate high school.

66% plan to attend a 2 or 4 year college/university.5% plan to obtain a license/certificate or apprenticeship.2% plan to obtain a GED.

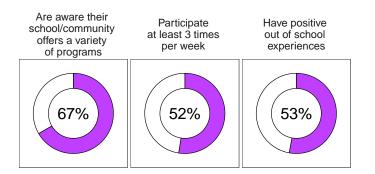
## **Developmental Skills & Supports**

What percentage of Trauma Experienced students meet the threshold to be equipped for learning with developmental skills and supports?



#### **Afterschool Activities**

Percent of Trauma Experienced students who...



## Health and Well-Being Indicators



Are physically active at least 60 minutes, 5 times per week.

Eat fruits and vegetables at least once a day.

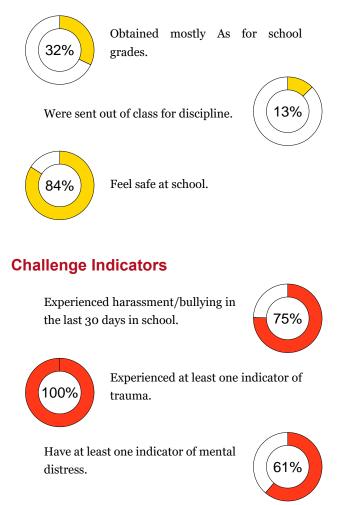


27%

Sleep at least 8 hours in a typical school night.

Reported having very good or excellent health







#### Acknowledgements

The <u>Minnesota Youth Development Research Group</u> is supported through the Carmen and Jim <u>Campbell Leadership Chair</u> in <u>Education & Human Development</u> at the University of Minnesota. This report, containing student-community profiles, was developed with the support of Campbell graduate research assistant, Rik Lamm, and Dr. Andrew Zieffler. We also appreciate the support of the <u>Educational Equity Resource Center</u> at the U of M. Finally, we acknowledge the <u>Search Institute</u>'s developmental assets framework and their positive youth development approach to helping youth become their *best selves*. We offer this report as a model of engaged scholarship, consistent with the research, teaching, and outreach missions of the University of Minnesota, the state's land grant research institution of higher education.

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